

LIFE TURNAROUND: How thinking differently can change everything about your life **By Bob Young**

Introduction

- What if you were sitting in a room with all sorts of struggling people, and you were one of the strugglers? Struggling with life, in all of its dimensions—spiritually, physically, emotionally, financially, family, relationships...
- What would it take to turn your life around in a short time? It would take a change of mind, of heart, and of practice, all of which could be done by any person willing to discard the old myths and put on the new truth.
- Biblical solutions illustrated with real-life stories can help us turn around our lives.

Text: Romans 12:1-2

Three aspects of relationship with God

→ See God

In view of God's mercy, the natural response is "love with heart, soul, mind, strength"

→ Commit to God

Present yourselves

→ Live for God

Living sacrifice, holy, spiritual, worshipful

Three aspects of relationship with the world

→ Allow God to work in your life for transformation

Transformation: Newness is first of all a spiritual reality. It is of God, it is inside-out. It is internal, not external.

→ Allow God to renew your mind

Changing our thinking: newness is a changed way of thinking, mind renewal

→ Allow God to change your life

Changing our actions: thinking changes being; thinking changes doing