

LIFE TURNAROUND: How thinking differently can change everything about your life

By Bob Young

Introduction

What if you were sitting in a room with all sorts of struggling people, and you were one of the strugglers? Struggling with life, in all of its dimensions—spiritually, physically, emotionally, financially, family, relationships...

What would it take to turn your life around in a short time? It would take a change of mind, of heart, and of practice, all of which could be done by any person willing to discard the old myths and put on the new truth.

Biblical solutions illustrated with real-life stories can help us turn around our lives.

Text: Romans 12:1-2

Three aspects of relationship with God

→See God, in view of God's mercy, the natural response is "love with heart, soul, mind, strength"

→Commit to God, present yourselves

→Live for God, living sacrifice, holy, spiritual, worshipful

Three aspects of relationship with the world

→Allow God to work in your life for transformation

Transformation: Newness is first of all a spiritual reality. It is of God, it is inside-out. It is internal, not external.

→Allow God to renew your mind

Changing our thinking: newness is a changed way of thinking, mind renewal

→Allow God to change your life

Changing our actions: thinking changes being; thinking changes doing